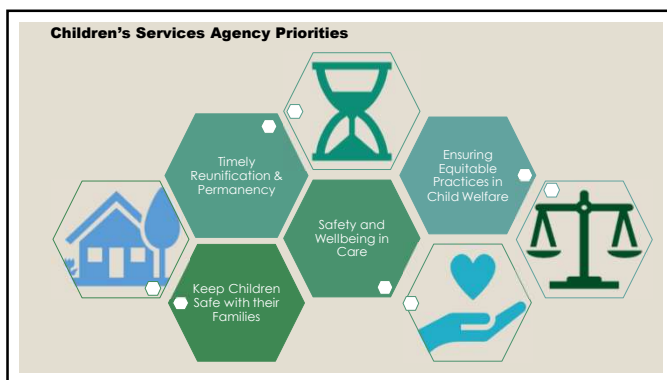




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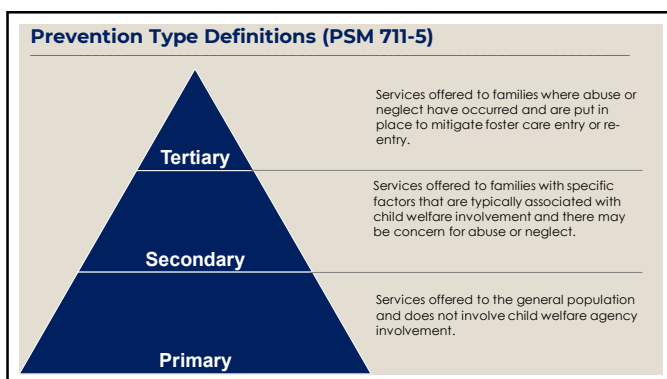
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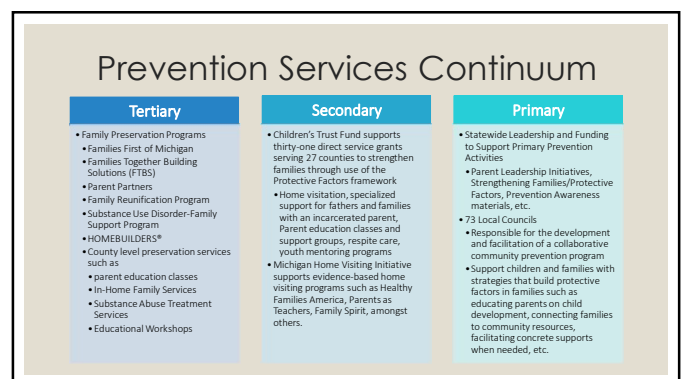
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## Child Welfare Staff Role in Prevention Activities

### Reunition Caseworkers

- Assist and support families, who volunteer to participate in services, to prevent abuse/neglect from occurring or re-occurring.
- Connect families with community resources and provide guidance to support families.
- Prevention Service Continuum – Secondary and Tertiary

### CPS Investigators

- Work to investigate allegations of abuse or neglect.
- Connect families with community service providers, support systems, and sometimes with on-going caseworkers.
- Prevention Service Continuum – Secondary and Tertiary

### On-going Caseworkers

- Work with families to provide oversight of services and progress towards addressing needs and barriers.
- Provide connections to local service providers.
- Assist in establishing new patterns and routines.
- Provide mentorship and support to families.
- Prevention Service Continuum – Tertiary

### Foster Care Caseworkers

- Work towards reunification and help to guide the families towards establishing a safe home for the children to return to.
- Work with the family to prepare for case closure, and to prevent another incident of abuse or neglect.
- Foster Care caseworkers, MCO staff, and other youth support staff work to mentor the youth to break the cycle and grow into resilient adults.
- Prevention Service Continuum – Tertiary

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## Family First Prevention Services Act (FFPSA): A Real Transformational Opportunity

- Landmark legislation: Most significant child welfare law in **20 years**
- Allows traditional title IV-E funding to be used for prevention services
- Provides the legislative foundation for states to substantially transform their child welfare systems to:
  - Reorient their child welfare systems around prevention and **FAMILY**
  - Increase quality family-based placements for children and youth who enter foster care
  - Reduce the need for congregate care and create effective continuum to meet needs

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## Michigan's Family First Candidacy Definitions

A child for whom abuse/neglect has been confirmed

A child for whom abuse/neglect has not been confirmed but low to intensive risk for abuse/neglect exists

A child who was in a foster care placement and was returned to their parents or other relatives

A child with delinquent behaviors under the supervision of MDHHS

An infant born exposed to substances

A child whose adoption or guardianship arrangement is at risk of disruption or dissolution

A child of a parent who had been in foster care until the parent reaches age 26

A child at imminent risk of entering foster care as otherwise determined by a Tribe

A child residing at least partially with a sibling who is determined to be a candidate for foster care

Pregnant or Parenting Youth in Foster Care

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## How We Can Use FFPSA Provisions to Stabilize Families

- We can now receive title IV-E reimbursement to provide evidence-based services for children determined to be a candidate for foster care as well as for pregnant and parenting youth in foster care.
- FFPSA IV-E prevention services can be funded for up to 12 months at a time with the availability to extend an additional 12 months if the family still meets candidacy.
- An opportunity of workforce development – shifting the focus from foster care to prevention and understanding prevention work as a continuum.



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Table 2. MDHHS Proposed Evidence Based Practices for Title IV-E Prevention Plan		
Evidence-based Program	Service Category	Title IV-E Prevention Services Coverage Rating
1. Nurse-Family Partnership (NFP)		well-supported
2. Parents as Teachers (PAT)		well-supported
3. Healthy Families America (HFA)		well-supported
4. HOMERUILDERS		well-supported
5. SafeCare		supported
6. Multi-Systemic Therapy (MST)		well-supported
7. Brief Strategic Family Therapy (BSFT)		well-supported
8. Motivational Interviewing		well-supported
9. Trauma Focused Cognitive Behavioral Therapy (TF-CBT)		promising
10. Family Spirit		promising

MDHHS  
SELECTED  
FFPSA TITLE IV-E  
PROGRAMS

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## Motivational Interviewing

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## What is Motivational Interviewing?

- An evidence-based program (EBP) included on the Title IV-E Prevention Services Clearinghouse.
  - "Well-Supported" at achieving desired outcomes as deemed by evidence of effectiveness.
- An individual-centered counseling method constructed to stimulate behavior change and improve physiological, psychological, and lifestyle outcomes for a diverse range of needs.
- A goal-oriented EBP with a focal point on resolving ambivalence and increasing individual empowerment.
- A tool to support caseworker-client engagement to enhance motivation to change behavior.
- An adaptable program that can be used as a core tenet of case management through the MiTEAM practice model.

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## Statewide Rollout Plan

*all child welfare staff in the state and some Preservation Providers will be trained*

### Phase 1 – October 2021 to April 2022

- Clare, Isabella, Livingston, Kalamazoo, Kent, Ogemaw, Roscommon
- Permanency Resource Monitors (PRMs)
- Some Post Adoption Resource Centers (PARCs)

### Phase 2.1 – April 2022 to early Fall 2022

- Remaining MDHHS child welfare caseworkers from Phase 1 counties
- Some Post Adoption Resource Centers (PARCs)
- Private Agency Foster Care staff (PAFCs) from Phase 1 counties

### Phases 2.2 and beyond – early Fall 2022 through March 2024

- Regional trainings of all child welfare staff and supervisors at MDHHS and PAFCs

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## Who will receive training during implementation?



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## Training Courses

### Caseworkers

- Introduction to Motivational Interviewing (3 days for 3 hours each day)

### Supervisors

- Introduction to Motivational Interviewing (3 days for 3 hours each day)
- Small Group Coaching (3 days for 3 hours each day)
- Motivational Interviewing and the MiTEAM Practice Model (3 days for 4 hours each day)

### Program Managers

- Program Managers participate in all the Supervisor trainings AND
- Motivational Interviewing Learning Groups (4 days for 3 hours each day)

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## Field Work Considerations

- Begin utilizing skills upon completion of training
- MiSACWIS documentation requirements
- Fidelity monitoring and training & coaching
- Revised & shortened MiTEAM Fidelity Tool based on field feedback and implementation of Motivational Interviewing

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## SafeCare

*Short. Targeted. Effective.*

- Behaviorally based curriculum
- For parents with children 0-5 years
  - Involved in child welfare and/or served in prevention settings
- 18 session program, delivered in the home setting
- 60-minute sessions
- Highly structured but flexible in its delivery
  - Depends on parent's initial skills and skill acquisition

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## SafeCare

- Targets 3 areas associated with risk factors for abuse and neglect
  - Positive parent-child/infant interactions
  - Systematic health decision making
  - Appropriate supervision
- Can be integrated with other services
- Parenting skills are taught through the process of: Explain—Model—Practice—Feedback.
- To complete a module, a parent must demonstrate Mastery (100% correct use of skills) or Success (marked improvement as compared to Baseline Assessment).

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## Parent-Infant/Child Interaction Module

Targets risk factors associated with neglect and physical abuse. This module focuses on parent-infant interactions and parent-child interactions.

Parents learn to increase positive interactions with their infant/child on a daily basis and how to structure activities by providing engaging and stimulating activities.

In Parent-Child Interaction, parents learn skills help to reduce challenging child behavior.

Goal: To support parent in mastery of specific interaction skills with their young children, and skills for structuring daily living activities

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## Home Safety Module

Targets risk factors for environmental neglect and unintentional injury.

The focus of this module is to help parents identify common household hazards and ways to eliminate these hazards.

The importance of supervision is also stressed during this module.

Goal: To support parent in identifying and eliminating home safety and health hazards, and to provide appropriate supervision for their young children

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## Child Health Module

Targets risk factors for medical neglect.

The health module teaches parents to recognize when their child is sick or injured and to follow a structured process to determine when and how to care for their child.

Parents learn when to seek emergency help, when to see a doctor, and when and how to care for their child at home.

Goal: To support parent in promoting health through prevention, and making systematic health decisions when their child is ill or injured



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## Field Work Considerations

- Ensure understanding of program & FFPSA eligibility
- Ensure the service can address the family needs
- Follow Local Office Random Assignment Protocol
- MISACWIS documentation and referral requirements
- Updated Service Reviews

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## Home Visiting Expansions through FFPSA Title IV-E Funding

*Presented by Kate Rood*

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## Michigan Home Visiting Initiative

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### What Can Home Visiting Do?



Partner with and  
Encourage Families to  
Meet their Family Goals



Support a  
Healthy  
Pregnancy



Support Child  
Development



Connect Families to  
Community Services

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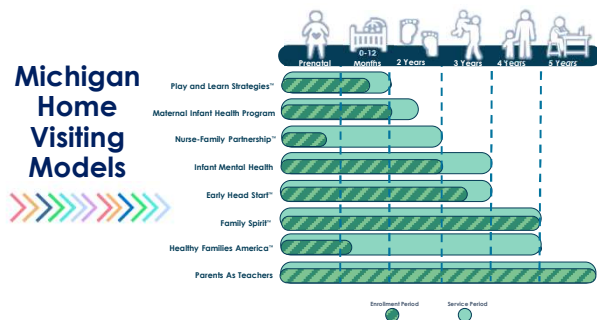
### Where Can the Visits Occur?

- In the Home
- In the Community
- Virtually



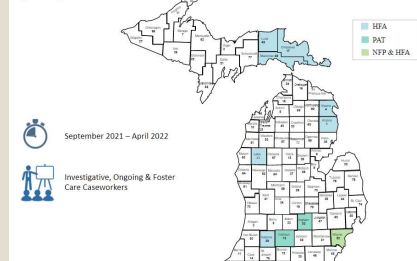
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### Michigan Home Visiting Models

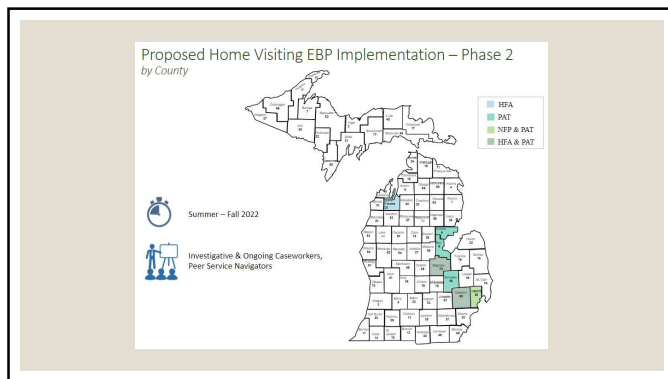


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### Home Visiting EBP Implementation – Phase 1 by County



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### Healthy Families America (HFA)

**\*FFPSA available in: Alcona/Alpena, Kalamazoo, Lake, Luce/Mackinac/Chippewa, and Wayne Counties**

<b>Who is Eligible?</b> <ul style="list-style-type: none"> <li>HFA serves pregnant parents and families for three to five years.</li> <li>Families can sign up during pregnancy and until a child is 3 months old.</li> <li>Some HFA programs are able to enroll children until 24 months of age if the family is involved in the Child Welfare System.</li> </ul>	<b>Program Description:</b> <ul style="list-style-type: none"> <li>HFA is a family-centered program. It supports parents to have a healthy pregnancy and build a strong bond with their baby.</li> <li>Supports positive bonds and parent-child interaction.</li> </ul>	<b>Visit Frequency:</b> <ul style="list-style-type: none"> <li>Home visits range from weekly-biweekly during pregnancy.</li> <li>After the child is born, families receive weekly visits for 6 months. After this period, the visit schedule varies depending on family needs.</li> </ul>
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### Nurse-Family Partnership (NFP)

**\*FFPSA available in Wayne County**

<b>Who is Eligible?</b> <ul style="list-style-type: none"> <li>NFP serves first-time pregnant parents. Families sign up before the 28th week of pregnancy, and once enrolled, services continue until the child is 2 years old.</li> <li>Program has income guidelines.</li> </ul>	<b>Program Description:</b> <ul style="list-style-type: none"> <li>Registered nurses support parents with the help needed during pregnancy and after the baby arrives. NFP supports their parents and babies to be happy and healthy.</li> </ul>	<b>Visit Frequency:</b> <ul style="list-style-type: none"> <li>Families receive weekly, biweekly, or monthly visits dependent initially on length of enrollment and then age of the child. Visit schedule is determined by the family and can be changed based on family needs.</li> </ul>
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### Parents as Teachers (PAT)

**\*FFPSA available in: Calhoun and Ingham Counties**

<b>Who is Eligible?</b> <ul style="list-style-type: none"> <li>PAT serves pregnant parents and families with children birth to kindergarten entry.</li> <li>No income guidelines</li> <li>Families can enroll at anytime</li> </ul>	<b>Program Description:</b> <ul style="list-style-type: none"> <li>PAT supports parents to better understand how their child learns and grows.</li> <li>PAT helps to strengthen the bond parents have with their child.</li> </ul>	<b>Visit Frequency:</b> <ul style="list-style-type: none"> <li>Bi-weekly or Monthly</li> <li>Visits based on family need 60 minutes each.</li> <li>12 group connections per year.</li> </ul>
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### Family Spirit (FS)

**\*Will have future FFPSA expansion in select communities**

<b>Who is Eligible?</b> <ul style="list-style-type: none"> <li>FS serves pregnant women and families with children younger than five in American Indian communities.</li> <li>Program does not have income guidelines.</li> </ul>	<b>Program Description:</b> <ul style="list-style-type: none"> <li>FS is the only program for and by American Indian communities.</li> <li>FS supports health of family and builds strong and healthy parents.</li> </ul>	<b>Visit Frequency:</b> <ul style="list-style-type: none"> <li>Visits range from weekly to monthly depending on the needs of the family and age of the child.</li> <li>Visits generally last between 45-90 minutes.</li> </ul>
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### Field Work Considerations

- Ensure understanding of program & FFPSA eligibility
- Ensure the service can address the family needs
- MISACWIS documentation and referral requirements including Home Visiting Release of Information (DHS-1555-HV)
- Updated Service Reviews

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**Websites**

SharePoint (Intranet) Site  
<https://stateofmichigan.sharepoint.com/teams/insidedhhs/about/Offices-Dept/ChildrensServices/Pages/FFPS.aspx>

Yammer Community – Prevention Services  
<https://web.yammer.com/main/feed>

Public Site – Prevention Services  
[https://www.michigan.gov/mdhhs/0,5885,7-339-73971\\_109629---00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-73971_109629---00.html)

Home Visiting Program Locator and resources can be found at:  
<https://www.mihomevisiting.com/>

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**Office Hours and Contact Information**

Virtual Office Hours held with implementation counties

Every Wednesday at 8:30-9 & 3:30-4

Link is the same for both sessions

[https://teams.microsoft.com/join/1953a5e6f1a44a1f00072jmiTh172A10WY33c-1Mq2MTE4540?read\\_v2/03context=51a5221e45225352a2a2a210853707-42ac-946a-892e147225d1%22%2C%22AC152253a522076daa08-93c-462b-25c-177eae124752257d](https://teams.microsoft.com/join/1953a5e6f1a44a1f00072jmiTh172A10WY33c-1Mq2MTE4540?read_v2/03context=51a5221e45225352a2a2a210853707-42ac-946a-892e147225d1%22%2C%22AC152253a522076daa08-93c-462b-25c-177eae124752257d)

Mail to: [MDHHS-FFPSAPrevention@michigan.gov](mailto:MDHHS-FFPSAPrevention@michigan.gov)

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**QUESTIONS**

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